



Year 9 PDHPE – Assessment Plan – 2025

Students will be continuously assessed in a wide variety of ways including:

- Written Tests and Quizzes
- Practical Assessments
- Project-Based Assessments
- Group Work / Team Work
- Self-Assessment and Reflection
- Presentations and Oral Assessments
- Case Studies and Scenario-Based Assessments
- Class tests / exams (if suitable)
- Skills Challenges and Fitness Testing
- Homework tasks
- Participation, application and skill development in practical PDHPE classes
- Class participation including discussion and presentations
- Completion of class work and handouts

Major assessment tasks used for assessment include (but are not limited to):

Term 1: Personal Identity: PD5-1, PD5-6, PD5-10

Personal Identity Task: Google Slide Presentation

Swimming and Racquet sports Benchmarks

Term 2: Lifelong Physical Activity: PD5-4, PD5-5, PD5-7, PD5-8, PD5-11

Poster/Brochure: Risk and Consequences in Physical Activity

Team games skills

Term 3: Experimenting Safely: PD4-1, PD4-2, PD4-3, PD4-9m, PD5-4, PD5-5, PD5-8, PD5-11

Vaping research assignment

Athletics and stick games skills

Term 4: Survey/Plan: Patterns of Physical Activity and Wellbeing: PD4-1, PD4-2, PD4-3, PD4-9

Assignment - Fitness Programs - 20year & 60 years

Cross Country and Outdoor Challenge skills

As with all subjects, students will be assessed in relation to the NESAs Common Grade Scale (A-E).